



**The Parishes of  
Our Lady of the Assumption, Maryvale  
and  
Christ the King, Kingstanding**



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Hymns: E: 152; O: 525; C: 29; R: 148

Psalm 102(103):1-4,9-12      **R: The Lord is compassion and love, slow to anger and rich in mercy**

**MASSES THIS WEEK**

**SUNDAY OBLIGATION HAS BEEN REINSTATED BY THE BISHOPS**

<b>Sat</b> 16/09/23	SS Cornelius & Cyprian (Martyrs)	10:00 Mon.	Eugeniusz Mikula (RIP)
	24 <sup>th</sup> Sunday in Ordinary Time	12:30 CTK*	Ann Cunningham
<b>Sun</b> 17/09/23		18:00 OLAM†	Maura Brown (RIP)
	10:00 CTK	Nora Canavan (RIP)	
<b>Mon</b> 18/09/23	Feria in Ordinary Time	11:30 OLAMx	Brian Webb (RIP)
		08:00 Con.†	De La Salle brothers
<b>Tue</b> 19/09/23	Feria in Ordinary Time	09:30 Mon.	Lee Perfit (RIP)
		09:30 Mon.	Michael Doherty (RIP)
<b>Wed</b> 20/09/23	St. Andrew Kim Tae-gon & Companions (Martyrs), Mem.	<b>11:15 OLAM</b>	Requiem Mass: David Cotton
		08:00 Con.†	Sue Duffy (RIP)
<b>Thu</b> 21/09/23	St. Matthew, Apostle, Evangelist, Feast	09:30 Mon.	John Dalzall (RIP)
		09:30 Mon.†	Joseph Ng & Mary Le (RIP)
<b>Fri</b> 22/09/23	Feria in Ordinary Time	<b>11:00 OLAM</b>	Requiem: Frances Kennedy
		09:00 CTK	Rose Lewsley (RIP)
<b>Sat</b> 23/09/23	St. Pius of Pietrelcina, Mem.	09:30 Mon.	Janet Jones (RIP)
		10:00 Mon.	Ann & Pat Malanaphy
<b>Sun</b> 24/09/23	24 <sup>th</sup> Sunday in Ordinary Time	12:30 CTK	Pete Service (RIP)
		18:00 OLAM	Michael Fahey (RIP)
		10:00 CTK†	Margaret Gray and Bill Rice (RIP)
		11:30 OLAM	John McDonnell (RIP) Ann.

**Bible Study** with Deacon Dominic Fahey in the Guild Room at Christ The King **every Tuesday** at 7:00pm.

**Rosary Group:** meeting **every Wednesday** in Christ the King Church at 1:30pm.

**PLEASE PRAY FOR THE SICK:** Ron & Monique Hunt, Jean McCabe, Luke Byrne, Muriel Cowan, Paul Cowan, John & Sandra Mageean, Gerald, Sarah McCallion, Audrey Vickers, John, Sadie Pulido, Mary McGee, Sr Marie, Claire & Mark, Jo Teece, Mary Ann Gniadkowski, Niamh O' Reilly, Carole Smith, Alan Rowan, Alberto Bolongaro, Kyle Billing, Nicola Jones, Daniel Kelly, Patricia Nash, Arjun Paul, Teresa Webb, Angela Madigan, Carol Timmis, Elizabeth Teague, Joanne Fields, Caitlin Hodgetts, Joan and Alan Horton, Yvonne Cowman and Fr Michael Ho. Please pray for them and their families.

**RIP:** Please pray for David Cotton, Lily McDonald, Nancy Conlon, Pat (Frances) Kennedy and Althea Dunkley (Shantel Carty's mother-in-law), who all passed away recently. May they rest in peace.

**Funerals:** David Cotton: Tue 19/09/23, OLAM, 11:15; Lily McDonald: Wed 20/09/23, Streetly Crem., 12:30; Frances Kennedy: Thu 21/09/23, OLAM, 11:00; Nancy Conlon: Wed 27/09/23, CTK, 11:00.

**THE SANCTUARY LAMP**, which burns to indicate the presence of the Blessed Sacrament on the Altar, is **dedicated throughout September for members of the Holder family**, both living and deceased.

**Red Mission Boxes:** Would parishioners holding Red Mission Boxes please bring them to Church over the next 2 weekends, in order that they may be emptied and your grateful donations passed on to the APF Missionaries.

**Baptism Preparation:** The next meeting is to be held at Christ the King Church on Sunday 1<sup>st</sup> October at 3:00pm.

**Parish Finances:** Due to the holidays, last week's donations cannot be reported until next week.

Christ the King		16 <sup>th</sup> /17 <sup>th</sup> Sept	23 <sup>rd</sup> /24 <sup>th</sup> Sept
Sat 12:30	Minister of the Word	Kathleen Foxall	Kathleen Foxall
	Minister of Holy Communion	Sue Nugent	Theresa Wilkin
Sun 10.00	Minister of the Word	Angela	John
	Minister of Holy Communion	Joyce	Marianne

**Race Night:** Please support the Race Night "Social", which is being held in the St. John's Centre next to Christ The King Church on Friday 29th September. The 1<sup>st</sup> Race takes place at 7.30 p.m. Sponsorship (which enables a parishioner to name a Horse or Jockey taking part in the races is going well, but slowly - so for those who haven't become a sponsor, please do so soon. If you took a form away to complete, but have not yet returned it, bring them to Mass or hand them in at the Presbytery. We would also ask for Sponsors for the Races and prizes for the Raffle. Parishioners from both Parishes are very welcome, so please come along and make this a sociable and successful night for all concerned. Thank you.

**FIRST HOLY COMMUNION PREPARATION FOR CHILDREN ATTENDING NON-CATHOLIC SCHOOLS:** Classes will begin with an introductory meeting for parents and children at Christ The King Catholic Church, 124 Warren Farm Road on Sunday 1<sup>st</sup> October at 11.30 a.m. and will run weekly until mid-June 2024. Please contact Loretto on 07732 474 470 for further information.

**CONFIRMATION PREPARATION:** Please pray for the young people of the parish who enrolled on the Confirmation Programme on Friday of last week. Confirmation preparation will take place every Friday in term time at 5 pm in the Guild Room.

**THANK YOU:** to the members of the Parish who attended the AGM on Wednesday of last week. A summary of the discussions will appear on the Parish website.

**RCIA:** Our programme for adults wishing to know more about the Catholic faith and who are considering being received into full communion with the Catholic Church begins on **Thursday 21<sup>st</sup> September at 7 pm** in the **Guild Room**. The programme will continue with sessions every Thursday until Easter 2024.

**GOSPEL COMMENTARY: FR DONAGH O'SHEA:** "He who cannot forgive others, breaks the bridge over which he himself must pass... for everyone has need to be forgiven", wrote George Herbert (1593–1633). Forgiveness flows at the heart of human life; without it a human being becomes a cesspool of bitterness. Since it is central to our life, nothing is more important than to look into it as deeply as we can.

Forgiveness is a 'nice' word, in the sense that just about everyone would be pleased to be described as forgiving. That should be enough to put us on the alert; we can suspect straight away that many vicious attitudes have attempted to dress up like it.

A good example was given by the man who said that doing an injury puts you below your enemy; revenging an injury makes you even with him; and forgiving an injury sets you above him. Can this be real forgiveness, when it only serves to make you feel superior, to bloat the ego? But there are subtler ones than this.

Someone does me harm, perhaps unknowingly. I lack the courage simply to point it out. Over the weeks (or years), I become full of silent anger. But I am now more afraid than ever to point out the wrong, because anger tends to be explosive and I am afraid of explosions. Instead, I swallow it, 'spiritualise' it and tell myself that I have forgiven him or her. Of course, I have not. Instead, I have swallowed a dose of poison that will kill my relationship with that person. Fear has been masquerading as forgiveness.

Then, there is the person who keeps count; there is the person who claims to forgive but not forget; the person who is always on the lookout for something to forgive; and a host of others. There are many counterfeit forms of forgiveness.

The mark of real forgiveness is a lively awareness that I am in need of forgiveness myself. That is what is missing in the counterfeit forms. "Forgive us our trespasses, as we forgive those who sin against us". We are set free to forgive others in an uncomplicated way when we accept that our own books are not balanced either – that nobody's books are balanced, that every human being needs another chance, and another: seventy times seven; in other words, endlessly.

If offering forgiveness can conceal many false attitudes, so can asking forgiveness.

There are the over-polite people, who are always begging your pardon; you often feel they are just side-stepping you, they don't want to meet you or relate to you in any real way. Probably the most frequent evasion under this heading is when someone *makes excuses* in the guise of asking forgiveness. To give an explanation or make an excuse is not the same thing as asking for forgiveness. Such excuses are really excuses for *not* asking forgiveness. If there is a need to ask forgiveness, I shouldn't half do it, mixing it with excuses. I should just do it. As a wise old lady used to say: "Do it and then it will be done".

It is the free flow of forgiveness – giving and receiving it – that keeps our life simple and free from futile self-justification. The deepest source of this simplicity and freedom is my awareness that God utterly forgives me. Meister Eckhart said, "Whatever God does he does completely, like the cup running over. Whom he forgives, he forgives utterly and at once, much preferring great forgiveness to little".